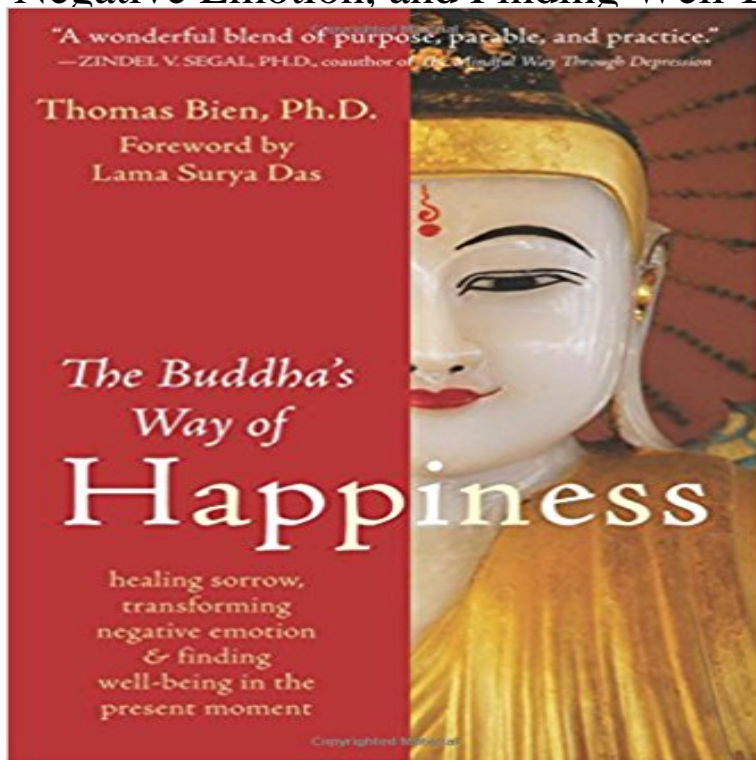


The Buddhas Way of Happiness: Healing Sorrow, Transforming Negative Emotion, and Finding Well-Being in the Present Moment



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